

The INCLIN Trust International, a non-profit research organization, is actively engaged in collaborative and comprehensive research on critical global health issues. At its core are Clinical Epidemiology Units (CEUs) and Clinical Epidemiology Research Training Centres (CERTCs) situated in 89 academic institutions across 34 countries. These units are fundamental to INCLIN's operations. The INCLIN network is globally organized into seven regional networks: LATINCLIN, CANUSACLEN, INCLINAFRICA, CHINACLEN, INDIACLEN, INCLINASIA, and EUROMEDCLIN. In 2009, INCLIN Executive Office established the Demographic, Development, and Environmental Surveillance Site (DDESS) – SOMAARTH, located in Palwal district, Haryana, approximately 60 kilometers away from New Delhi. SOMAARTH encompasses 51 adjacent rural villages with a population exceeding 200,000. We have a Memorandum of Understanding (MOU) with the Government of Haryana for collaborative work in Palwal district.



SOMAARTH-INCLIN Foundation Day was celebrated with enthusiasm by all on 10th October 2023 from 12 Noon to 5:00 PM the Seminar Hall of Advanced Institute of Technology and Management, Srinagar, District- Palwal (Haryana). This day marks as the commencement of the journey of SOMAARTH PALWAL towards improving the health of disadvantaged populations, by promoting equitable healthcare based on the best evidence of competence and the effective use of resources. We achieve this by using the network to conduct combined, inter-disciplinary research on high-priority health problems, and to train future generations the importance of healthcare. The objective of the 14th SOMAARTH Foundation Day was to share our experience on “Working with Community” over last 14 years and future endeavors. As part of community endearment activity a “Jan Samwad Karyakram” shall forge greater partnerships with local governance and communities. The whole idea was to engage with district administration, Medical Authorities, community members etc. and simultaneously strive for the opinion from various stakeholders regarding how to make the most of the learning to outline future development that will further expedite a holistic development of community and at governance system.



Superintendent of Police, Dr. Anshu Singla also played a crucial role, awarding children for their posters and delivering a concluding lecture on the importance of a healthy diet. She had an interactive session with the audience and engaged in conversation with the community members. She gave suggestions on leading a healthy life using traditional practices.



An enlightening panel discussion brought together esteemed medical experts as Dr. Himanshu Arora, consultant Cardiologist at Gurunanak Hospitals; Dr. Pratima Mittal, Head of Department of Gynecology and Obstetrics in Amrita Hospital Faridabad; Dr. Deepti Sharma Gynecologist at Amrita Hospital Faridabad; Dr. Anupam Sachdeva Head of Pediatric Hematology and Oncology unit at Sir Gangaram Hospital, Delhi; Dr. Harivansh Chopra Former Professor of Community Medicine at Lala Lajpat Rai Memorial Medical College, Meerut; Dr. Narendra Kumar Arora, Executive Director, The INCLIN Trust International Dr. Jayshree Jethwani, Communication expert and Senior ICSSR Research Fellow.



The dialogue delved into critical health topics, encompassing anemia, symptoms, effective communication, identifying high-risk pregnancies, heart attack causes, and symptoms, along with the impactful Lakshya Program. CMO Dr. Naresh Kumar Garg and SDM Hathin shared valuable insights, alongside Panchayati officers.

The meeting was attended by a total of 300 people from various walks of life from ASHA workers, ANMs, Sarpanchs, Adolescent girls, SHG members, Medical officers, Hospital administration, NGO members, Artist, Journalist and INCLIN staff members.